**STEPHANIE CYR**

415-269-8126 | scyr@sfsu.edu

# **OVERVIEW**

**Dedicated anti-violence advocate, higher education professional, compassionate self-defense instructor, practicing martial artist, and former corporate attorney dedicated to empowering women and girls.**

* Skilled in delivering meaningful and informative trauma informed programs leveraging different learning techniques and tools, curriculum development, and alternative forms of dispute resolution including mediation and restorative justice.

# **WORK EXPERIENCE**

**PAVE PREVENTION**, Oakland, CA 2022

***Senior Facilitator***

* Led team of trainers working with the Mobile Assistance Community Responders of Oakland (MACRO) to provide training and advice on how to proactively prevent, react and heal from violent events. The program is a community response program for non-violent 911 calls focused on reducing responses by police, decreasing arrests and negative interactions, and increasing access to community-based services and resources for impacted individuals and families, especially for Black, Indigenous, and People of Color (BIPOC)

**EMPOWERMENT SELF DEFENSE GLOBAL WORLDWIDE**, Tiburon, CA 2020 – Present

***Board Consultant***

* Advises on executive matters including reorganization to manage accelerated growth.

***Program Manager***

* Manage committee of international academics to develop and implement a universal ESD higher education curriculum to train advocates, researchers & certified instructors in the gender violence prevention profession

**SAN FRANCISCO UNITED SCHOOL DISTRICT,** San Francisco, CA 2019 – 2020

***Consultant***

* Trained secondary school physical education teachers in the instruction and development of self-defense curriculum using the personal and social responsibility model TPSR
* Implemented restorative justice measures
* Developed a pilot program at two high risk high schools

**SAN FRANCISCO STATE UNIVERSITY**, San Francisco, CA 2017 – Present

***Instructor, Personal Defense – Kinesiology Department and Mashouf Wellness Center***

* Deliver practical and written instruction of self-defense including leading discussions of relevant CA law and University policy
* Teach mixed martial arts courses at the Mashouf Wellness Center and lead self-defense and life skills seminars for on-campus organizations, including Nursing Student Association, Alpha Phi, and the Enterprise Risk Management Group
* Serve as member of the campus Sexual Violence Prevention Collaborative
* Collaborate with other university organizations to offer educational campus wide events, including with the SAFE Place and Health and Wellness for healing and restorative justice programs
* Mentor and promote students as Teacher Assistants
* Created and implemented the San Francisco State personal defense curriculum for 750+ students
* Developing first Personal Defense Minor university program in the US

**EDGE SELF DEFENSE**, San Francisco, CA 2015 – Present

***Founder/Senior Instructor***

* Launched and lead empowerment organization promoting self-defense as the key violence prevention strategy for women and vulnerable populations
* Deliver self-defense instruction to high school and college age students as well as private sector professionals
* Author *The Weekly Edge* blog and create content for *Moves of the Day*
* Served as consultant for Blossom Project, Downtown Streets Team (San Francisco, CA) and for Brownsville Girls Collaborative, and Center for Court Innovation in Brooklyn, NY
* Spoke at Violence Prevention Education Conference and ESD Global Europe-ESD in Schools in 2021

**THE FOUNDATION REDWOOD HIGH SCHOOL,** Larkspur, CA 2014 – 2017

***Co-chair/Member, Allocations Committee***

* Advised and supervised a 15-member committee reviewing grant proposals
* Reviewed, analyzed and summarized committee findings
* Presented biannual written and oral reports to The Foundation Board for budget allocation
* Oversaw the final allocation and implementation of school funds of $1M+

Stephanie Cyr, page 2

**ACADEMY OF TAEKWONDO**, San Francisco, CA 2001 – 2015

***Senior Instructor***

* Taught and coached martial arts students for local, state and national Taekwondo tournaments
* Managed martial arts school and tournaments for AAU Pacific Northwest Regional Director
* Officiated at local, national, and Junior Olympic Taekwondo events
* Assisted in the development of Tiger Defeats the Bull self-defense program featured in *Black Belt*
* Founded empowerment self-defense system for martial arts students
* Served as Assistant Lecturer and Coach for Taekwondo and self-defense university programs

**STEPHANIE CYR,** Zurich, Switzerland & London, England 1996 – 2001

***Nonprofit Volunteer/Primary Caregiver***

* Holland Park Schoolhouse, Teacher's Assistant: Participated in classroom academic activities
* Bassett House School: Assisted in organization of end of year school Field Day - managing a variety of competitive physical events for student

**BOOZ | ALLEN | HAMILTON**, New York, NY, McLean, VA 1992 – 1995

***Corporate Attorney***

* Organized and negotiated commercial real estate transactions
* Collaborated with Facilities department to execute and maintain real estate contracts
* Reviewed intellectual property agreements and employee contracts

**ASSOCIATION OF TRIAL LAWYERS OF AMERICA, INC**., Washington, D.C. 1991 – 1992

***Associate Attorney***

* Supervised staff and researched personal injury issues
* Organized and maintained case histories for member use

**RECORDING INDUSTRY ASSOCIATION OF AMERICA**, Washington, D.C. 1990

***Legal Intern***

* Researched First Amendment issues for 2 Live Crew case
* Investigated piracy issues

**EDUCATION**

**INSTITUTE FOR INTEGRATIVE NUTRITION,** remote

**Certified Health Coach**

**HARVARD UNIVERSITY SCHOOL OF CONTINUING EDUCATION,** remote

**Public Leadership Credential Program**

**UNIVERSITY OF MARYLAND SCHOOL OF LAW**, Baltimore, MD

**Juris Doctor with Honor**

**RUTGERS UNIVERSITY, DOUGLASS COLLEGE**

**Bachelor of Arts, Political Science/Psychology**

**ADDITIONAL INFORMATION**

* *Training*: North Bay Jiu-jitsu and Krav Maga Worldwide, Intermediate Rank, 2013-Present. Academy of Taekwondo, AAU, Kukkiwon World Taekwondo Federation, Masters Belt (6th Dan), 2001-Present
* *Admitted*: **S**tate Bar of Georgia, Member #202920
* *Memberships*: Sexual Violence Prevention Collaborative, San Francisco State University. National Women’s Martial Arts Federation. Association of Women Martial Arts Instructors, Golden Gate Hall of Honors
* *Volunteer Leadership*: Member of San Francisco Committee for Joyful Heart Foundation, 2020-Present. Founding member of Tamalpais Union School District Wellness Board, Larkspur, CA, Member, 2016-2017. Redwood High School PTSA, Executive Vice-President, 2016-2017