

EXERCISE PHYSIOLOGY PATHWAY

FROM KIN 124 TO CAREER IMPACT

1

KIN 124

Introduction to
Strength & Conditioning



EARN CERTIFICATIONS EARLY

American College
of Sports Medicine
(ACSM)



ACSM Certified Personal Trainer®
(ACSM-CPT®)



ACSM Group Exercise Instructor®
(ACSM-GEI®)

2

B.S. EXERCISE & MOVEMENT SCIENCES



+ Other Required
Coursework

START YOUR CAREER NOW



- Personal Trainer
- Group Fitness Instructor
- Fitness Coach

3

EXERCISE PHYSIOLOGY FOCUS



22-Unit Undergraduate Certificate
Completed Alongside the B.S.

WITH YOUR B.S. YOU CAN BECOME

- Exercise Physiologist
- Strength & Conditioning Coach
- Performance Coach



ACSM Certified
Exercise
Physiologist®
(ACSM-EP®)

4

M.S. KINESIOLOGY

+
Graduate Certificate in
Exercise Physiology
(12 units)



WITH YOUR CERTIFICATE YOU CAN STAND OUT IN THE FIELD



- Deeper knowledge
- Hands-on experience
- Stronger career preparation

*Certificate can be completed alongside
your undergraduate degree.*

WITH YOUR M.S. YOU CAN PURSUE



- Clinical Exercise Physiologist
- Advanced Performance Specialist
- Program Director / Manager
- University Instructor



EARN AFTER YOUR M.S.

ACSM Certified Clinical Exercise
Physiologist®
(ACSM-CEP®)

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Ph.D. & Beyond



- Research Scientist
- University Faculty
- Thought Leader
in the Field

MAKE A BROADER IMPACT



- Research & Innovation
- Industry
- Health Care
- Academia



KIN 124 IS **YOUR START. YOUR PATH. YOUR IMPACT.**

Where you go from here is up to you.