

BACHELOR OF SCIENCE IN KINESIOLOGY: Integrated Teacher Education Program in Physical Education (103-104 units)

1 Pre-requisites (17-18 units)

BIOL 100 Human Biology (3 units) [1]	BIOL 101 Human Biology Lab (1 unit) [2]
OR	
BIOL 230 Introduction to Biology (5 units) [3]	

CHEM 101 Survey to Chemistry (3 units) [5]	BIOL 220 Principles of Human Anatomy (4 units) [7]
OR	
BIOL 328 Human Anatomy (4 units) [8]	

BIOL 212 Human Physiology (3 units) [6]	BIOL 328 Human Anatomy (4 units) [8]
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STATISTICS REQUIREMENT
SELECT ONE:

ETHS 116 Algebra & Statistics for Social Justice (3 units) [35]
ETHS 117 Statistics for Social Justice (3 units) [35]
ISED 160 Data Analysis in Education (3 units) [36]
MATH 124 Elementary Statistics (3 units) [4]
PSY 171 Quantitative Reasoning in Psychology (3 units) [36]

2 Core Requirements (22 units)

KIN 251 Success in Kinesiology (2 units) [9]	KIN 482 Exercise Physiology (3 units) [13]
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KIN 384 GW Research Methods GWAR (3 units) [10]	KIN 486 Motor Learning (3 units) [14]
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KIN 457 Culture, Gender, and Movement (3 units) [11]	KIN 480 Anatomical Kinesiology (4 units) [12]
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3 Concentration Requirements (28 units)

KIN 240 Introduction to Teaching in PE (3 units) [16]	KIN 401 Elementary School PE K-5 (3 units) [21]
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KIN 310 Curriculum Model - Youth Development I (3 units) [17]	KIN 487 Motor Development (3 units) [20]
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KIN 312 Curriculum Model - Youth Development II (3 units) [18]	KIN 489 History and Philosophy of Physical Activity (3 units) [11]
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KIN 314 Theory and Application of Fitness Training (3 units) [19]	KIN 580 Instructional Strategies for Middle & High School PE Grades 8-12 (3 units) [22]
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KIN 331 Peak Performance (3 units) [20]	KIN 581 Practicum in Middle & High school PE (1 unit) [23]
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KIN 536 Introduction to Adapted PE (3 units) [15]
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4 Credential Requirements (36 units)

KIN 750 Curriculum & Instruction 1: PE (3 units) [24]	SED 720 Literacy Across Content Areas (3 units) [24]
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KIN 751 Curriculum & Instructional II PE (3 units) [25]	SED 751 Classroom Environment & Management (3 units) [27]
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SED 640 Supervised Observation and Participation in Public Schools (3 units) [26]	SED 752 Professional Perspectives & Practices (3 units) [28]
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SED 660 Student Teaching - Single Subject (9 units) [24]	SED 790 Second Language Development (3 units) [29]
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SED 701 Teaching for Equity in Secondary Schools (3 units) [24]	SED 800 Adolescent Development (3 units) [24]
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5 Additional Recommended Experiences

1. Life Guard Training and Water Safety Instruction.
2. First Aid-CPR Certification.
3. Active participation in student CAHPERD, SHAPEamerica, and/or the Kinesiology Student Association, Exercise is Medicine or other related professional organization.
4. Earn field experience in K-12 coaching, teaching physical education, recreation, or intramurals through working as a volunteer or paid assistant.

Integrated Teacher Education Program

Each student in the Integrated Teaching Education Program meets the CSU Early Field Experience requirement for the SF State Single Subject Credential Program of 45+ hours and develops curriculum and instruction skills. Students enrolling in KIN 581 are assessed through a version of the edTPA required for a credential certification that has been adapted for the development of beginning teaching skills, planning, assessment analysis, class video recording, and co-teaching. For curriculum and instruction, the courses KIN 401 and KIN 580 require that students present a curriculum, a unit plan, and a lesson plan for one grade level. The instructional analysis courses KIN 310, KIN 312, and KIN 314 refine teaching skills using specific pedagogical strategies for physical education content. In KIN 384GW students learn about assessment, data analysis, and different methods of providing feedback to K-12 students. For adapted physical education requirements, the same procedures are followed by KIN 536, KIN 537, KIN 538, KIN 539, and KIN 630. Please note the ITEP combines subject-matter KIN content with the single-subject credential into one program and both KIN and credential requirements must be completed to earn the degree and single-subject credential simultaneously. Due to the articulation of KIN courses and credential experiences, there are some scheduling details to be aware of: KIN 310 is only offered in the Fall semester and KIN 312, KIN 489 and KIN 580 & 581 are only offered in the Spring semester. Starting the credential in the Spring semester will lead to a three-semester program and beginning in the Fall will be a two-semester program.

Application to the Credential Program

Students should formally apply to the Single Subject Physical Education Credential program when in the final semester of completing unit requirements (pre-requisites, 17-18 units; core requirements, 22 units; and physical education teaching education requirements, 28 units).

Expectations for School Performance

1. Earn at least a "C" in all required KIN theory courses. Courses may be taken up to 2 times until the appropriate grade is achieved. However, units will count only once in the major, and only once for graduation.
2. Demonstrate understanding of and possess demonstration level skill competence in twelve activity areas. One of the twelve must be an outdoor education type of activity (e.g., biking, rock climbing, orienteering, camping, or cross-country skiing).

Adapted Physical Education Specialist Authorization

KIN 536 Introduction to Adapted Physical Education (4) [15]	3 hours of lecture, 2 hours of lab
KIN 537 Movement for Individuals with Severe Disabilities (3) [31]	3 hours of lecture, 12 hours of field experience
KIN 538 Therapeutic Exercise (3) [31]	3 hours of lecture, 12 hours of field experience
KIN 539 Motor Assessment of Individuals with Disabilities (3) [32]	3 hours of lecture
KIN 630 Internship in Adapted Physical Education (3) [33]	1 hour of seminar, 6-8 hours of internship

General Education Requirements Met in Major | Below are lists of courses that meet both GE and major requirements. This is referred to as "duplicate use of credit" or "double-counting."

LEGEND

- This course may not be substituted
- This course may be substituted with a relevant course
- () Units
- [] Course Prerequisites

Area A: English Communications and Critical Thinking

None

Area B: Scientific Inquiry and Quantitative Reasoning

Physical Science (B1) - 3 units

PHYS 101 Conceptual Physics
CHEM 101 Survey of Chemistry
PHYS 111 General Physics I

Life Sciences (B2) - 3 units

BIOL 100 Human Biology
BIOL 212 Principles of Human Physiology
BIOL 220 Principles of Human Anatomy
BIOL 328 Human Anatomy

Physical or Life Science Lab (B3) 0-1 units

BIOL 101 Human Biology Laboratory
CHEM 102 Survey of Chemistry Laboratory
PHYS 102 Conceptual Physics Laboratory
PHYS 112 General Physics I Laboratory

Area B: Scientific Inquiry and Quantitative Reasoning

Math/Quantitative Reasoning (B4) - 3 units

MATH 124 Elementary Statistics
ETHS 116 Algebra & Statistics for Social Justice
ETHS 117 Statistics for Social Justice
ISED 160 Data Analysis in Education
PSY 171 Quantitative Reasoning in Psychology

Area C: Arts and Humanities

None

Area D: Social Sciences

Social Sciences (D1) - 3 units

KIN 255 Health-related Fitness and Wellness

Area E: Life Long Learning and Self Development

None

Area F: Ethnic Studies

None

SF State Studies

Environmental Sustainability (ES)

KIN 255 Health-related Fitness and Wellness

Global Perspective (GP)

KIN 255 Health-related Fitness and Wellness
KIN 257 Wellness, Fitness, and Global Perspectives
KIN 331 Peak Performance
KIN 457 Culture, Gender, and Movement
KIN 510 Sports, Movement and Screen Culture

American Ethnicities & Racial Minorities (AERM)

KIN 502 Sport and Social Issues

Social Justice (SJ)

KIN 255 Health-related Fitness and Wellness
KIN 331 Peak Performance
KIN 502 Sport and Social Issues
KIN 510 Sports, Movement and Screen Culture
ETHS 116 Algebra & Statistics for Social Justice
ETHS 117 Statistics for Social Justice

Upper Division General Education

Physical and/or Life Sciences (UD-B) - 3 units

KIN 355 Science, Sport, and Fitness
KIN 487 Motor Development

Arts and/or Humanities (UD-C) - 3 units

KIN 510 Sports, Movement, and Screen Culture

Social Sciences (UD-D) - 3 units

KIN 502 Sports and Social Issues
KIN 331 Peak Performance

NOTE: Prerequisites are subject to change. For the most up-to-date prerequisites, please visit SFSU's bulletin page.

1. Intended for non-Biology majors.
2. Biol 100
3. Restricted to Biology and Biochemistry majors and minors, Kinesiology majors, and Environmental Studies: Natural Resources Management and Conservation majors.
4. First-Year Math Advising Module. Students who elect to take additional support should concurrently enroll in MATH 123.
5. Category I or II QR/Math placement; or Category III or IV QR/Math placement and MATH 197 with a grade of C or better; or GE Area B4 (may be taken concurrently).
6. CHEM 101 or CHEM 115, BIOL 100 and BIOL 101 or BIOL 210, all with grades of C or better. Intended for non-Biology majors.
7. BIOL 100 and BIOL 101 or BIOL 212 and BIOL 213.
8. Restricted to Biology, Biochemistry, Chemistry, Clinical Science, and Kinesiology majors with sophomore standing or above; BIOL 230 with a grade of C- or better; or consent of the instructor.
9. Restricted to Kinesiology majors; concurrent enrollment in KIN 384GW.
10. Restricted to upper-division Kinesiology majors; GE Area A2; KIN 240* or KIN 250* (may be taken concurrently) and MATH 124* or equivalent with grades of C or better.
11. Restricted to upper-division Kinesiology majors; KIN 384GW*.
12. Restricted to upper-division Kinesiology majors; BIOL 220 or BIOL 328 or equivalent with a grade of C or better; KIN 384GW* (may be taken concurrently).
13. Restricted to upper-division Kinesiology majors; completion of BIOL 212*, or equivalent, KIN 240 or KIN 250, and KIN 384GW*.
14. Restricted to upper-division Kinesiology majors; KIN 384GW* (may be taken concurrently).
15. Restricted to upper-division standing; KIN 240* or KIN 250* with a grade of C or better, 6 units of upper-division KIN courses, and completion of GE Area A and B4 courses; or consent of the instructor.
16. Completion of GE Area A and B4 Courses with grades of C or better.
17. KIN 240 and KIN 384GW or consent of the instructor.
18. Restricted to Kinesiology majors; upper-division standing; KIN 240*, KIN 310, and KIN 384GW*; or consent of the instructor.
19. KIN 250 or KIN 240 or consent of the instructor.
20. Restricted to upper-division standing; GE Areas A1, A2, A3, and B4.
21. Restricted to upper-division standing; KIN 240 or LS200 or EED250 or equivalent; or consent of the instructor.
22. Restricted to upper-division Kinesiology majors; KIN 240*, KIN 384GW*, and KIN 486* or KIN 487*; concurrent enrollment in KIN 581.
23. Restricted to upper-division Kinesiology majors; enrollment in a teaching credential program; KIN 384GW*; concurrent enrollment in KIN 580.
24. Admission to credential program or consent of instructor.
25. KIN 750; must be taken concurrently with SED 660 or SED 751.
26. Concurrent enrollment in SED 751.
27. Credential students; concurrent enrollment in SED 640.
28. Admission to Credential program; S ED 701, S ED 720, S ED 751, and S ED 800; concurrent enrollment in S ED 660.
29. Credential students; or consent of the instructor.
31. Restricted to upper-division standing; KIN 250 or KIN 240* with a grade of C or better; 6 units of upper-division KIN courses; or consent of the instructor.
32. Restricted to upper-division standing Kinesiology majors; KIN 480*; KIN 482* or KIN 355*.
33. Restricted to upper-division Kinesiology majors; KIN 384GW*; KIN 536 and KIN 537 recommended.
34. Restricted to upper-division Kinesiology majors; KIN 384GW*; KIN 536*, KIN 537*, and KIN 538* (may be taken concurrently); or consent of the instructor.
35. Category III or IV placement for QR/Math or students who have not passed MATH 70 or ESM 70 with C or better.
36. First-year math advising module. Students who elect to take additional support should concurrently enroll in MATH 122



College of Health & Social Sciences
Department of Kinesiology

BACHELOR OF SCIENCE IN KINESIOLOGY Concentration in Integrated Teacher Education Program (ITEP) in Physical Education

Updated Fall 2022

The Integrated Program of Professional Preparation consists of a 4-year Physical Education Teaching Education program that allow students to earn both their bachelor's degree and teaching credential. Students will complete the required courses for the major in 3 years and during the 4th year, take the courses required for the single subject Physical Education credential (Student Teaching requirements). In general, the Integrated Program is comprised of courses already offered in the Subject Matter program approved by the California Commission of Teaching Credentialing (CTC) and the Secondary Education department. In addition, students will have the option to add the Adapted Physical Education authorization to their credential by completing all required courses.

Students in all the programs must work closely with an advisor to set the proper pathway for successful graduation. Undergraduate students interested in pursuing a master's degree in kinesiology should speak to their academic advisor after completing core requirements in the program (KIN 251, KIN 384, KIN 457, KIN 480, KIN 486, and KIN 482).

Please visit the following site for additional information on our Bachelor of Science in Kinesiology:
Concentration in Integrated Teacher Education Program in Physical Education:
<https://bulletin.sfsu.edu/colleges/health-social-sciences/kinesiology/bs-kinesiology-concentration-physical-education/>

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NOTE: Prerequisites are subject to change. For the most up-to-date prerequisites, please visit SFSU's bulletin page.

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