

Adapted Physical Education

Career and job opportunities

The APE teacher is a **direct service provider**, not a related service provider, because special physical education is a federally mandated component of special education services [U.S.C.A. 1402(25)]. Direct service personnel are those professionals identified in the federal laws as having a primary educational responsibility for individuals with disabilities.

The APE professional is NOT a related service provider. Related services are provided so the individual with disabilities can benefit from instruction. The primary function of related services personnel is to assure that the individual's educational goals on the Individual Education Plan (IEP) can be met.

At the present time, job opportunities within the area of Adapted Physical Education are abundant within the public school setting. The demand for adapted physical education teachers far exceeds the number of existing credentialed teachers. It is estimated that there will be numerous job opportunities in the future for individuals with a Specialist Credential in Adapted Physical Education.

Adapted Physical Education Specialists challenging limits.

Adapted Physical Education as an Added Authorization (APE AA) allows the holder to provide instruction and services to individuals with exceptional needs who are precluded from participation in the activities of a general physical education program or a specially designed physical education program in a special class, and require developmental or corrective services in grades 12 and below (including preschool), and in classes organized primarily for adults. This credential requires the holder to possess a valid teaching credential.

Period of Validity

The APE Added Authorization remains valid as long as an individual holds a valid prerequisite teaching credential.

Contact us:

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Adapted Physical Education

Department of Kinesiology &
Graduate College of Education



California Department of Education
Approved Added Authorization Program
for Credential Candidates in the following
areas:

Physical Education Single Subject,
Multiple Subject
Special Education

Eligibility

Candidates for the Add Authorization in Adapted Physical Education must hold a teaching credential in one of the following:

Physical Education Single Subject
Multiple Subject
Special Education – with 12 units of prerequisites

ATTENTION:

Physical Education and Multiple Subject credential holders can enter the program. The candidate with an educational Specialist Credential must complete 12 upper-division semester units or must be approved in all 3 levels of CSET (California Subject Examination for Teachers) single subject in Physical Education as pre-requisite to enter APA AA program.

- KIN 487 -Motor Development (3 Units)
- KIN 485 Biomechanics (3 Units)
- KIN 580 Instructional Strategies for Middle and High School PE, Grades 6-12 (3 units)
- KIN 581 Practicum in Middle and High School Physical Education (1 units)
- A instructional analysis upon the advisor's approval (2 unit)

BS in Kinesiology – Physical education

concentration at SF State can advance subject matter competency by taking concurrently the Adapted Physical Education Added Authorization coursework.



APE Added Authorization

The Adapted Physical Education Added Authorization (APE AA) allows an individual to teach special needs students who are precluded from participating in a general education physical education program or a specially designed physical education program as determined by the local level special education assessment. The APE Added Authorization is an add-on authorization for the holder of a valid prerequisite credential.

Authorization

The APE Added Authorization authorize the holder to conduct Educational Assessments related to student's progress towards meeting instructional physical education goals, provide instruction, and Special Education Support to teach students with special needs who are precluded from participation in the activities of the general physical education program or a specially designed physical education program in a special class, from birth through age 22, including preschool, and in classes organized primarily for adults.

COURSEWORK:

KIN 536 - Movement for Individuals with Mild Disabilities
(3 hours lecture, 2 hours lab)

KIN 537 - Movement for Individuals with Severe Disabilities
(3 hours lecture, 12 hours field experience)

KIN 538 - Therapeutic Exercise
(2 hours lecture, 12 hours field experience)

KIN 539 - Motor Assessment of Individuals with Disabilities
(3 hours lecture)

KIN 630 Internship in Adapted Physical Education
(1 hour seminar, 6 – 8 hours internship)