

PACE LAB

Dr. Susan Zieff

Active Living across the
Lifespan Research Group

Laboratory for Studies in
Physical Activity, Culture and
Education



Lab Focus

- Projects aim to reduce disparities in access to health-benefiting physical activity among selected populations by:
- Examining attitudes toward and experiences with PA
- Evaluating interventions to improve access to resources in the built environment
- Investigating the role of technology in supporting changes to physical activity behavior



Research Methods

- Conduct research independently and in collaboration with national and international colleagues
- Qualitative, quantitative & mixed methods approaches
- Online and in-person surveys, interviews, focus groups, observational studies



Student Projects

- PACE Lab Student Team: “College Students’ Experiences with Physical Activity Technology” (in process)
- PACE Lab Student Team: “Community Development at Sunday Streets” (ms. under review)



PACE Lab Student Team



Students Collecting Data:
Sunday Streets
Understanding the Attending Population



Data Collection at a YMCA: Understanding How Latina Mothers Influence PA of Daughters



Sunday Streets Data Collection: Understanding Community Engagement



Student Led Activity at Bay View Sunday Streets



Graduate Thesis Topics (sample)

- Transgender adult retrospective experiences with physical activity and physical education.
- Latina mothers' and daughters' views of physical activity.
- Military veterans' physical activity behavior.
- Latina fathers' views of physical activity for daughters



Contact

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