PACE LAB
Dr. Susan Zieff
Active Living across the Lifespan Research Group
Laboratory for Studies in Physical Activity, Culture and Education
Lab Focus

- Projects aim to reduce disparities in access to health-benefiting physical activity among selected populations by:
  - Examining attitudes toward and experiences with PA
  - Evaluating interventions to improve access to resources in the built environment
  - Investigating the role of technology in supporting changes to physical activity behavior
Research Methods

• Conduct research independently and in collaboration with national and international colleagues

• Qualitative, quantitative & mixed methods approaches

• Online and in-person surveys, interviews, focus groups, observational studies
Student Projects

- PACE Lab Student Team: “College Students’ Experiences with Physical Activity Technology” (in process)
- PACE Lab Student Team: “Community Development at Sunday Streets” (ms. under review)
PACE Lab Student Team
Students Collecting Data: Sunday Streets Understanding the Attending Population
Data Collection at a YMCA: Understanding How Latina Mothers Influence PA of Daughters
Sunday Streets Data Collection: Understanding Community Engagement
Student Led Activity at Bay View
Sunday Streets
Graduate Thesis Topics (sample)

- Transgender adult retrospective experiences with physical activity and physical education.
- Latina mothers’ and daughters’ views of physical activity.
- Military veterans’ physical activity behavior.
- Latina fathers’ views of physical activity for daughters
Contact

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