

Performance Enhancement Service Dr. Mi-Sook Kim

Description of myself

- I am a Performance enhancement specialist.
- What I do – Educate clients to understand problems, causes, and to learn PS's
- What I don't do – Clinical Issues. Coaching, Parenting. Physical training, and Rehap for injuries
- What are your roles – Honest and open communication, readiness and willingness, responsibility, commitment, realistic expectation, AND good and positive attitude

Development of an Individualized Psychological Skills Training Program

- Assessments/Development of a PST program
- Implementation of programs
- Evaluations

▪ Consultation Fees

I do charge for the consultation. The consultation fees are subject to change case by case.

Consultation	Constants	Fees
1 st	Initiating Inquires	
2 nd	Developing contacts Bio of client Mutual expectations Initial interviews about concerns, goals, dreams, and measure other psychological skills	
3 rd -	Develop a PST alone with ongoing analysis and consultations	
Review and evaluation for follow-ups	Analysis of PST process and evaluation	