Community Colleges that offer Introduction to Kinesiology or Physical Education and Kinesiology

**Canada College:**
*Kin 101 – Introduction to Kinesiology*

**College of Marin**
PE 114 or HED 114 Introduction to Kinesiology

**College of San Mateo:**
*Kin 101 – Introduction to Kinesiology*

**Cuesta College:**
PETH 201 – Introduction to Kinesiology

**De Anza College:** *(May be an online course)*
PE 030 - Introduction to Physical Education/Kinesiology
A comprehensive, academic, and analytical introductory study of career choice and the required preparation and training for occupations involved with human performance education, fitness, leisure, coaching, and wellness. An in-depth overview of past, present, and future foundations, principles, and philosophies of physical education, sport, recreation, and athletics

**Diablo Valley College**
PETHE 210 - Introduction to Kinesiology, 3 units

**Foothill College:** *(May also be online)*
PHED 001 Intro to Physical Education as a Profession

**Napa College**
Kinesiology 201 -2 63343 - Introduction to Kinesiology
Text: Introduction to Kinesiology, Wallace, 2011

**Riverside City College**
Kinesiology 10 Introduction to Kinesiology

**San Jose City College**
Kinesiology 005-101 Introduction to Kinesiology
Text: Introduction to Kinesiology, Studying Physical Activity, Third Edition
Shirl J. Hoffman, Ed.D.
Human Kinetics, 2009
Santa Rosa Community College
HED 114 and PE 114: Introduction to Kinesiology
Or

Sacramento City College
Kinesiology 300 – Introduction to Physical Education, Kinesiology and Fitness and Sport

Skyline College – San Bruno:
Kinesiology 100 - Introduction to Kinesiology