Archbishop Riordan High School is providing an internship for college students who are interested in a career in the strength and conditioning field. You will be working with over 100 athletes and three other strength and conditioning staff members.

**Internship Goals:**

Offer aspiring strength and conditioning coach's hands-on experience dealing with the day-to-day tasks of a strength and conditioning program.

**Requirements:**

Students must be enthusiastic, willing to learn, and want to work in a highly competitive training program. Students must want to pursue a career in the strength and conditioning field preferably with a background that involves anatomy, physiology, biomechanics, exercise physiology, or an extensive athletic background.

**Schedule:**

The internship has three start and end dates:

June 1st - August 1st

September 1st - December 15th

February 1st - May 15th

The internship hours will vary and can be worked around an individual's schedule. This is an unpaid internship at this time.

To apply send Resume and References to:
Strength and Conditioning Coordinator
Danny Curtin
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175 Phelan Ave. San Francisco, CA 94114